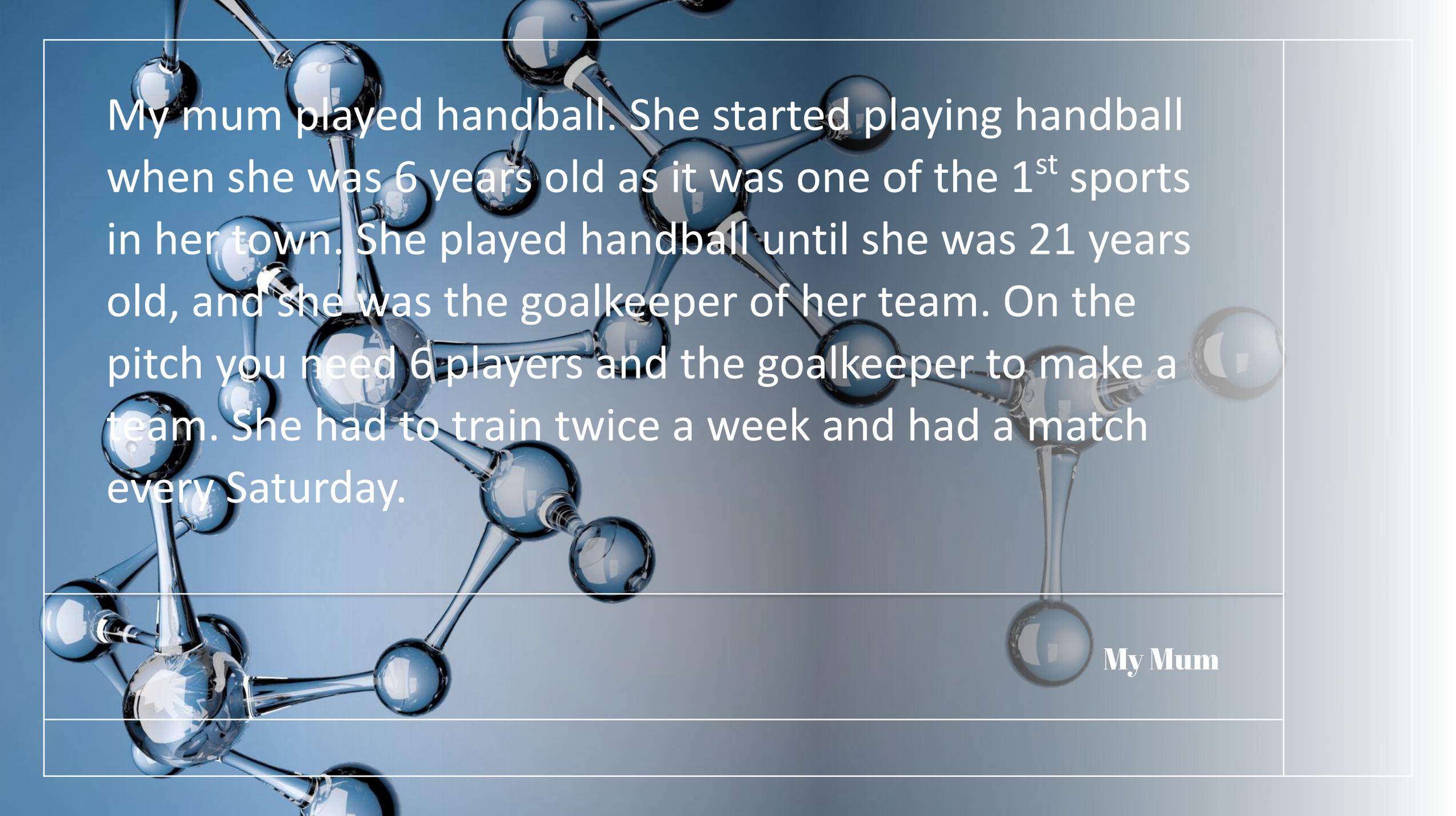


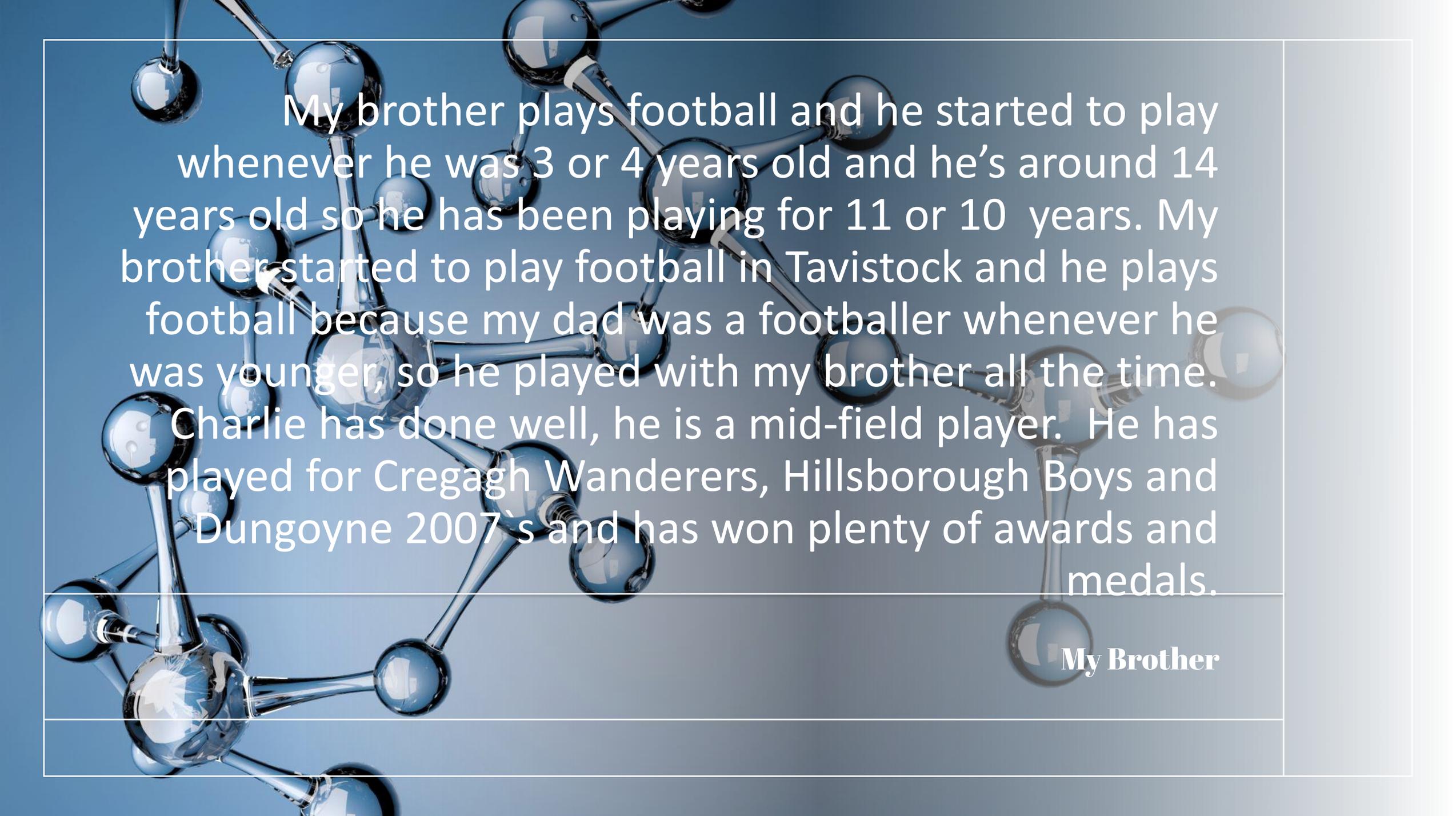
My Family's Sporting History!

By Judith Downey



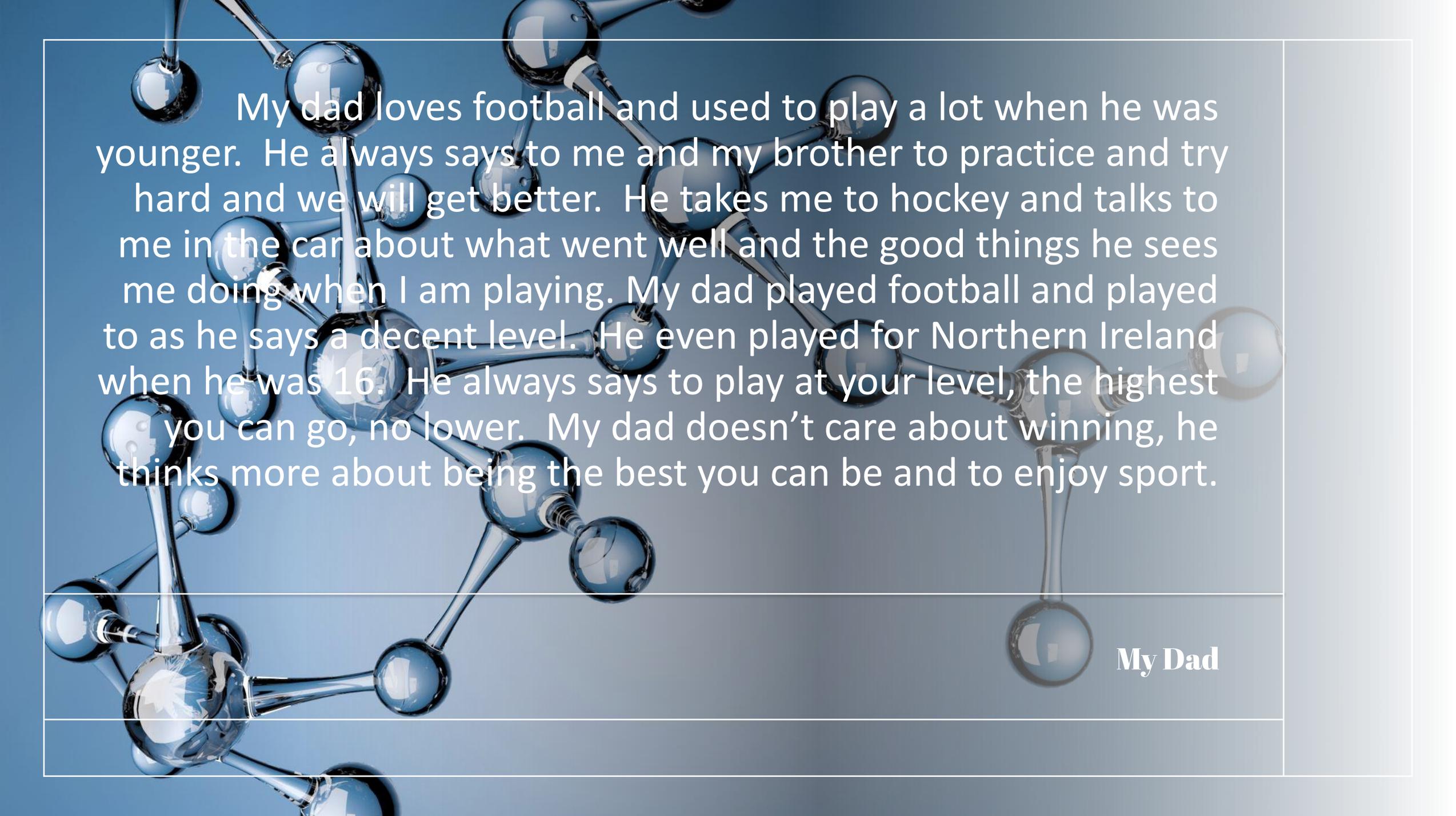
My mum played handball. She started playing handball when she was 6 years old as it was one of the 1st sports in her town. She played handball until she was 21 years old, and she was the goalkeeper of her team. On the pitch you need 6 players and the goalkeeper to make a team. She had to train twice a week and had a match every Saturday.

My Mum



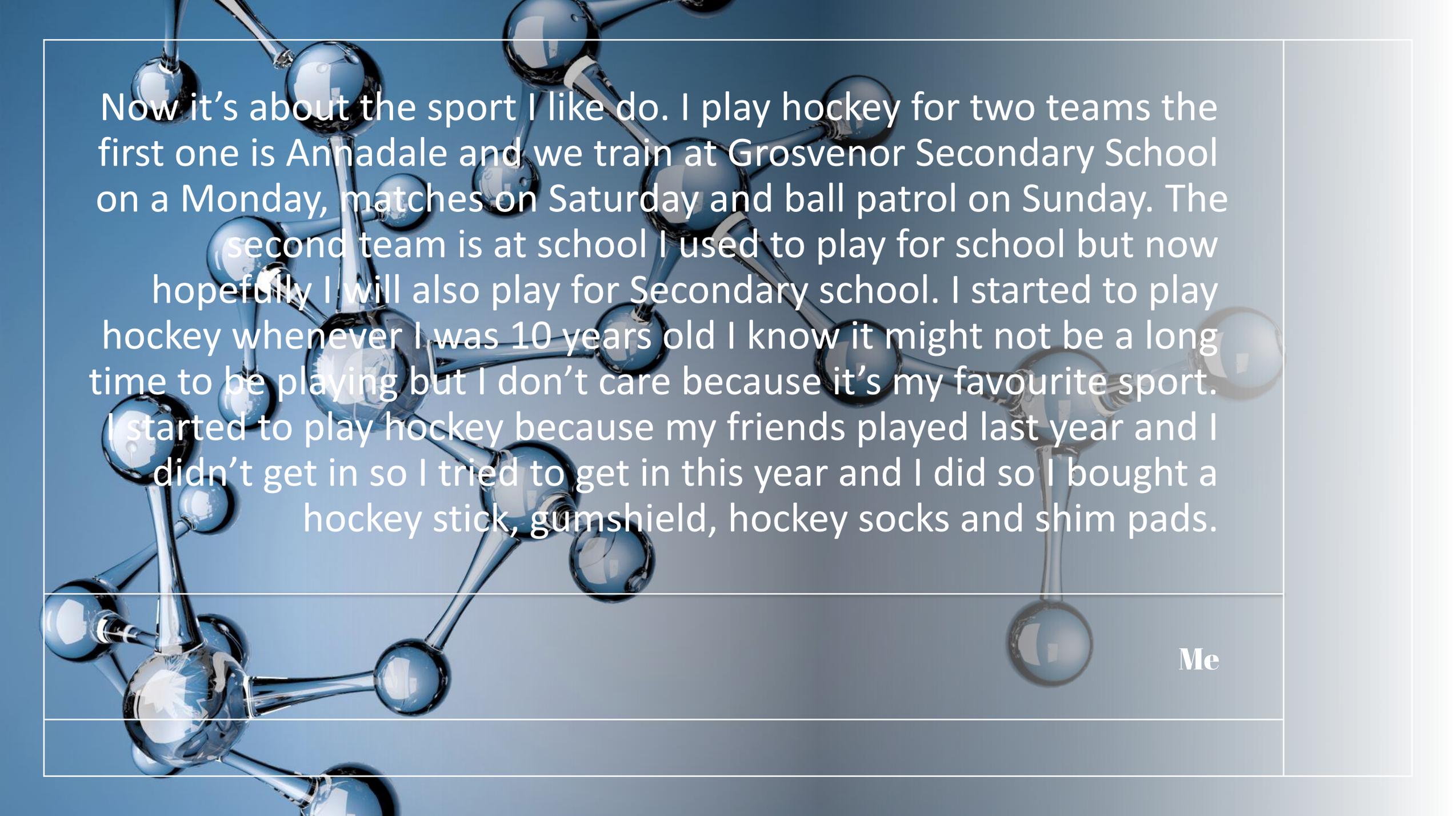
My brother plays football and he started to play whenever he was 3 or 4 years old and he's around 14 years old so he has been playing for 11 or 10 years. My brother started to play football in Tavistock and he plays football because my dad was a footballer whenever he was younger, so he played with my brother all the time. Charlie has done well, he is a mid-field player. He has played for Cregagh Wanderers, Hillsborough Boys and Dungoyne 2007's and has won plenty of awards and medals.

My Brother



My dad loves football and used to play a lot when he was younger. He always says to me and my brother to practice and try hard and we will get better. He takes me to hockey and talks to me in the car about what went well and the good things he sees me doing when I am playing. My dad played football and played to as he says a decent level. He even played for Northern Ireland when he was 16. He always says to play at your level, the highest you can go, no lower. My dad doesn't care about winning, he thinks more about being the best you can be and to enjoy sport.

My Dad



Now it's about the sport I like do. I play hockey for two teams the first one is Annadale and we train at Grosvenor Secondary School on a Monday, matches on Saturday and ball patrol on Sunday. The second team is at school I used to play for school but now hopefully I will also play for Secondary school. I started to play hockey whenever I was 10 years old I know it might not be a long time to be playing but I don't care because it's my favourite sport. I started to play hockey because my friends played last year and I didn't get in so I tried to get in this year and I did so I bought a hockey stick, gumshield, hockey socks and shim pads.

Me